Healthy eating on campus has never been easier. We offer a variety of healthy options, including low-fat, gluten-friendly, vegan and vegetarian foods and beverages. Made-to-order entree stations cooked from scratch and fresh fruits and vegetables in the residential restaurants let you customize your meal to fit your lifestyle. We also offer individualized help if you are on a special diet.

5 WAYS TO LEARN:
• Meet with our Health & Wellness Coordinator to discuss special dietary needs and dining options. Contact our R.D. at 612-626-8977 or via email at dining@umn.edu.
• Nutrition brochures are available at our residential restaurants and food courts.
• Visit us online at http://uniovfminnesota.campusdish.com to view daily menus and nutrition/allergen information.
• Be sure to look for our healthyLIFE logos to help identify nutritious choices in our residential restaurants.
• Track your calories and meals with myfitnesspal. Download the app on your computer or mobile device and search for Aramark on Campus!

SIGN UP TODAY
WWW.DINING.UMN.EDU
612-624-0558

OR STOP BY CAMPUS DINING:
MEAL PLAN OFFICE
COFFMAN UNION, ROOM B41
MONDAY-FRIDAY 9AM-5PM

AND HAVE YOUR PLAN IN PLACE BY TOMORROW

Terms and Conditions do apply. For complete terms & conditions, visit www.dining.umn.edu

RESIDENCE HALL
2015-2016

You have a lot on your plate... did you leave room for food?
Can I change my meal plan? Residential meal plans can be changed during the first two weeks of the fall semester on the Housing & Residential Life website (www.housing.umn.edu). Instructions on how to change your spring meal plan will be emailed to your University email account in November. Additional information regarding meal plan changes can be found at www.dining.umn.edu/MealPlansFlexDineDetails.

Can I treat a friend to a meal? Each residential meal plan includes 10 guest meals to treat friends and family to all-you-care-to-eat meals in residential restaurants. You can also use FlexDine dollars to treat your guest at any of the residential restaurants and campus food courts.

What if my FlexDine dollars run low? Simple! Just add more FlexDine dollars to your account. You can use cash, credit card or bill to your University student account. When you want to replenish your FlexDine dollars, just call 612-624-0558, visit the Meal Plan Office in Coffman Union, Room B41 or visit our website at www.dining.umn.edu.

Do FlexDine dollars expire? FlexDine balances remaining on your U Card at the end of each semester will be available until one year of inactivity occurs on the account. After one year of inactivity, any funds remaining will revert back to the University of Minnesota.

FAQs

Can I change my meal plan?

Can I treat a friend to a meal?

What if my FlexDine dollars run low?

Do FlexDine dollars expire?

For more information:

www.dining.umn.edu | dining@umn.edu
Coffman Union, Room 841 | 612-624-0558

www.dining.umn.edu/about/togo.html

1. Unlimited meals/week
2. $100 FlexDine dollars
3. $2,035/semester

1. 14 meals/week
2. $100 FlexDine dollars
3. $1,850/semester

1. 11 meals/week
2. $100 FlexDine dollars
3. $1,790/semester

1. Unlimited meals/week
2. $100 FlexDine dollars
3. $2,135/semester

1. 14 meals/week
2. $100 FlexDine dollars
3. $1,985/semester

1. 11 meals/week
2. $100 FlexDine dollars
3. $1,910/semester

Credit for a certain amount of full access meals at residential restaurants on campus.

FlexDine dollars you can spend at campus cafés, restaurants, convenience stores and select concessions at the TCF Bank Stadium. (Plus, you can add FlexDine at any time!)