LET US CREATE THE PERFECT SEASONAL MENU FOR YOUR WINTER GATHERINGS

INTERNATIONAL FLAVOR-INSPIRED BOWLS

THOUGHTFUL CREATIONS FROM A WORLD OF INGREDIENTS

To order or for more information, contact us today
go1851@umn.edu
www.1851heritage.catertrax.com
612.624.7173

Promotion Expires February 28, 2018

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutritional information available upon request.
The calorie and nutrition information provided is for individual servings, not for the total number of servings on
each tray, because serving styles (i.e., trays/bowls used) vary significantly, in order to accommodate numbers of
guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we
do not offer standard serving containers. If you have any questions, please contact your catering manager directly.
CREATE MEMORABLE GATHERINGS
WITH INTERNATIONAL FLAIR

A BOUNTY OF FRESH, SEASONAL
DISHES FOR YOUR NEXT EVENT

THE WINTER GARDEN
2 Bountiful Bowls, 1 Savory Side accompanied by
a Tray of Assorted Iced Cookies and Beverages

– JUST $13.99 PER GUEST–
Available for 12 or more

{Choose any 2 Bountiful Bowls below}

COOL CREATIONS
Asian Grain Bowl with Grilled Seasoned Chicken Breast, Edamame, Sliced Almonds, Red Quinoa, Brown Rice, Spicy Ginger Dressing on the Side
660 Cal per serving

Mediterranean Grain Bowl with Grilled Chicken Breast, Farro, Feta, Toasted Garlic-Lemon Vinaigrette on the Side
820 Cal per serving

Kale Quinoa Panzanella Salad with Rustic Baguette Chips, Sun-Dried Tomato Vinaigrette on the Side
450 Cal per serving

WARM COMFORTS
Build-Your-Own Ancho-Lime Portobello Burrito Bowl with Cheddar, Monterey Jack, Jalapeño, Charro Beans, Cilantro-Lime Rice, Fresh Pico de Gallo
380 Cal per serving

Build-Your-Own Taco-Seasoned Ground Beef Burrito Bowl with Cheddar, Jalapeño, Charro Beans, Cilantro-Lime Rice, Fresh Salsa Verde
380 Cal per serving

Build-Your-Own Southwestern Chicken Bowl with Kale, Roasted Corn, Black Beans, Red Quinoa, Brown Rice, Chipotle Vinaigrette on the Side
540 Cal per serving

SAVORY SIDES
{Choose 1}

Apple Walnut Salad with Honey-Cinnamon-Yogurt Dressing
80 Cal per 4-oz. serving

Beet, Orange and Almond Salad with Herb Vinaigrette
80 Cal per 4-oz. serving

Seasoned Corn Tortilla Chips
90 Cal per serving

Farro and Vegetable Salad with Roasted Red Peppers, Green Beans, Almonds, Kalamata Olives, Shredded Parmesan, Smoked Paprika Vinaigrette
190 Cal per 4-oz. serving

ICED COOKIES & BEVERAGES
{Included with every order}

Assorted Tray of Deliciously Iced Cookies
Cranberry-Vanilla, Strawberry, Cocoa-Chili
270-290 cal each

Iced Tea and Water
0 Cal per 8-oz. serving

CALL US TODAY AND LET’S US CREATE YOUR PERFECT MENU