**ALL-DAY PACKAGES**

**All Day Delicious $38.49**
Relax. We'll keep the food coming! These 4 selections will keep your energy up throughout the day. Available for 15 guests or more. Includes appropriate condiments.

**DELIcIOUS DAWN**
- Assorted Muffins 400-510 Cal each
- Assorted Scones 430-470 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Assorted Juice 110-170 Cal each
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea

**AM PERK UP**
- Granola Bars 190 Cal each
- Assorted Individual Yogurt Cups 50-150 Cal each
- Iced Tea 5 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea

**POWER UP LUNCH**
- Tomato and Cucumber Couscous Salad 120 Cal/3.75 oz. serving
- Orange Fennel Spinach Salad 210 Cal/3.2 oz. serving
- Bakery Fresh Rolls 160 Cal each
- Green Beans Gremolata 70 Cal/3 oz. serving
- Three Pepper Cavatappi with Pesto 310 Cal/7.5 oz. serving
- Grilled Chicken with a Lemon 200 Cal/5.75 oz. serving
- New York Cheesecake 440 Cal/slice
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

**PM PICK ME UP**
- Chilled Spinach Dip with Tortilla Chips 230 Cal/2.25 oz. serving
- Grilled Vegetable Tray 70 Cal/3 oz. serving
- Freshly Baked Brownies 250 Cal/2.25 oz. serving
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea

**MEETING WRAP UP $33.29**
Serve these favorites and success is a wrap! This All-Day package includes the following 4 delights. Available for 15 guests or more. Includes appropriate condiments.

**MORNING MINI**
- Miniature Muffins 80-120 Cal each
- Miniature Danish 140-170 Cal each
- Miniature Scones 110-120 Cal each
- Yogurt Parfait Cups 370-400 Cal each
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea

**THE ENERGIZER**
- Donut Holes 45-90 Cal each
- Ripe Bananas 110 Cal each
- Iced Tea 5 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea

**IT’S A WRAP**
Includes choice of salad.
- Chicken Caesar Wrap 540 Cal each
- Pepper Jack Tuna Wrap 590 Cal each
- Cran-Apple Turkey Wrap 650 Cal each
- Grilled Vegetable Wrap 620 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Traditional Garden Salad 130 Cal/3 oz. serving
- Grilled Vegetable Pasta Salad 100-160 Cal each
- Individual Bag of Chips 250-310 Cal each
- Assorted Craveworthy Cookies 250 Cal/2.25 oz. serving
- Freshly Baked Brownies 5 Cal/8 oz. serving
- Iced Tea 0 Cal/8 oz. serving

**MID-DAY MUNCHIES**
Fresh Tortilla Chips served with two (2) Salsas: Salsa Roja, Salsa Verde or Pico De Gallo accompanied by a Fruit Bowl, Assorted Craveworthy Cookies and Beverages.
- Tortilla Chips 90 Cal/1 oz. serving
- Salsa Roja 20 Cal/1 oz. serving
- Salsa Verde 20 Cal/1 oz. serving
- Pico De Gallo 10 Cal/1 oz. serving
- Assorted Fruit 50-110 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving
ALL-DAY PACKAGES

Simple Pleasures $24.89
Easy does it-Casually tasteful fare. This All-Day package includes 3 of our favorites. Available for 15 guests or more. Includes appropriate condiments.

SIMPLE CONTINENTAL
- Assorted Donuts 190-490 Cal each
- Assorted Bagels 170-360 Cal each
- Orange Juice 120 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

BOX LUNCH
Choice of Sandwich accompanied by Chips, Assorted Craveworthy Cookies and Bottled Water
- Tuna Salad Ciabatta 540 Cal each
- Ham and Swiss Sub 380 Cal each
- Turkey and Swiss Sandwich 490 Cal each
- Roasted Pepper and Mozzarella Ciabatta 530 Cal each
- Individual Bag of Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bottled Water 0 Cal each

MID-DAY MUNCHIES
Fresh Tortilla Chips served with two (2) Salsas: Salsa Roja, Salsa Verde or Pico De Gallo accompanied by a Fruit Bowl, Assorted Craveworthy Cookies and Beverages
- Tortilla Chips 90 Cal/1 oz. serving
- Salsa Roja 20 Cal/1 oz. serving
- Salsa Verde 20 Cal/1 oz. serving
- Pico De Gallo 10 Cal/1 oz. serving
- Assorted Fruit 50-110 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

Choose one of these 3 packages to sustain you throughout the day.

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**BREAKFAST**

**Breakfast Collections**
All prices are per person and available for 12 guests or more. Includes appropriate condiments.

**MINI CONTINENTAL** $10.19
- Miniature Muffins 80-120 Cal each
- Miniature Danish 140-170 Cal each
- Miniature Bagels 110-160 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea

**QUICK START** $9.59
Choice of three (3) Breakfast Pastries served with Fresh Seasonal Sliced Fruit, Fresh Assorted Juices, Iced Water, ecoGrounds Coffee, Decaf and Hot Tea
- Assorted Muffins 400-510 Cal each
- Assorted Danish 200-430 Cal each
- Assorted Scones 430-470 Cal each
- Assorted Bagels 170-360 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Assorted Juice 110-170 Cal each
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

**HEALTHY CHOICE BREAKFAST** $8.99
Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day
- Individual Cereal Cups 140-260 Cal each
- Milk 120 Cal each
- Bananas 110 Cal each
- Assorted Individual Yogurt Cups 50-150 Cal each
- ecoGrounds Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

**À la Carte Breakfast**
Includes appropriate condiments
- Assorted Bagels (170-360 Cal each) $20.79 Per Dozen
- Assorted Muffins (400-510 Cal each) $20.79 Per Dozen
- Assorted Donuts (190-490 Cal each) $17.59 Per Dozen
- Assorted Pastries (200-510 Cal each) $20.79 Per Dozen
- Assorted Individual Yogurt Cups (50-150 Cal each) $3.09 Each
- Whole Fruit (50-110 Cal each) $1.49 Each

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BREAKFAST

Hot Breakfast
All prices are per person and available for 12 guests or more. Includes appropriate condiments.

ULTIMATE BREAKFAST $15.59
Cheddar and Onion Frittata and Pancakes with Butter and Syrup accompanied by Scrambled Eggs, Crisp Bacon, Breakfast Sausage, Breakfast Potatoes, choice of three (3) Breakfast Pastries with Butter, Jam and Cream Cheese, Fresh Seasonal Sliced Fruit, Assorted Juices and Iced Water, ecoGrounds Coffee, Decaf and Hot Tea
- Assorted Muffins 400-510 Cal each
- Assorted Danish 200-430 Cal each
- Assorted Scones 430-470 Cal each
- Assorted Bagels 170-360 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Scrambled Eggs 180 Cal/4 oz. serving
- Breakfast Potatoes 130-150 Cal/3 oz. serving
- Bacon 45 Cal each
- Breakfast Sausage 130-220 Cal each
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea

AMERICAN BREAKFAST $11.39
Scrambled Eggs, Breakfast Potatoes, Crisp Bacon, Breakfast Sausage, choice of one (1) Breakfast Pastry, Iced Water, ecoGrounds Coffee, Decaf and Hot Tea
- Assorted Muffins 400-510 Cal each
- Assorted Danish 200-430 Cal each
- Assorted Scones 430-470 Cal each
- Assorted Bagels 170-360 Cal each
- Scrambled Eggs 180 Cal/4 oz. serving
- Breakfast Potatoes 130-150 Cal/3 oz. serving
- Bacon 45 Cal each
- Breakfast Sausage 130-220 Cal each
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea

SMART SUNRISE SANDWICH BUFFET $11.99
Choice of two (2) healthy Breakfast Sandwiches served with two (2) flavors of our Granola Fruit Parfaits served with Fresh Seasonal Sliced Fruit, Iced Water, ecoGrounds Coffee, Decaf and Hot Tea
- Garden Vegetables and Egg on Wheat English Muffin 220 Cal each
- Southwest Garden Vegetable, Ham and Egg on Wheat English Muffin 220 Cal each
- Turkey Sausage, Swiss and Egg on Wheat English Muffin 250 Cal each
- Spinach and Feta Flatbread Sandwich 230 Cal each
- Turkey Sausage and Egg White Flatbread 280 Cal each
- Mexican Turkey Bacon Flatbread 280 Cal each
- Chicken and Spinach English Muffin 380 Cal each
- Blueberry Orange Yogurt Parfait 410 Cal each
- Apple, Raisin and Cranberry Yogurt Parfait 400 Cal each
- Honey Ginger Pear Yogurt Parfait 440 Cal each
- Strawberry Yogurt Parfait 370 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Iced Water 0 Cal/8 oz. serving
- ecoGrounds Coffee, Decaf and Hot Tea

Egg Whites, Turkey Bacon, Turkey Sausage and Gluten Free items are available upon request.
BREAKFAST

Breakfast Enhancements
All prices are per person and available for 12 guests or more. Includes appropriate condiments.

**YOGURT PARFAIT BAR** $8.69
Choose two (2) Yogurt flavors served with a variety of toppings
- Greek Yogurt 70 Cal/4 oz. serving
- Strawberry Yogurt 100 Cal/4 oz. serving
- Vanilla Yogurt 110 Cal/4 oz. serving
- Diced Pineapple 30 Cal/2 oz. serving
- Fresh Strawberries 20 Cal/2 oz. serving
- Walnuts 90 Cal/0.5 oz. serving
- Granola 110 Cal/1 oz. serving

**OATMEAL BAR** $7.29
Try our delicious Oatmeal served with a variety of toppings
- Oatmeal 150 Cal/8 oz. serving
- Dried Cranberries 20 Cal/0.5 oz. serving
- Raisins 40 Cal/0.5 oz. serving
- Walnuts 90 Cal/0.5 oz. serving
- Maple Syrup 70 Cal/1 oz. serving

**JUST FRENCH TOAST** $4.09
- Orange Cinnamon French Toast 90 Cal each
- Maple Syrup 70 Cal/1 oz. serving

Gluten Free and Vegan items are available upon request.

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SANDWICHES & SALADS

**Classic Collections**
All prices are per person and available for 12 guests or more. Includes appropriate condiments.

**DELI EXPRESS** $11.89
Create your own Deli Sandwich creation accompanied by your choice of two (2) Side Salads, Chips, Assorted Craveworthy Cookies and Beverages

- Side Salads 25-330 Cal each
- Individual Bags of Chips 100-160 Cal each
- Assorted Baked Breads and Rolls 110-160 Cal each
- Deli Platter (Turkey, Roast Beef, Ham, Tuna) 25-80 Cal/1 oz. serving
- Cheese Tray (Cheddar and Swiss) 110 Cal/1 oz. serving
- Relish Tray (Lettuce, Tomato, Onion, Pickles, Pepperoncini) 20 Cal/1 oz. serving
- Assorted Craveworthy Cookies 5 Cal/8 oz. serving
- Lemonade 0 Cal each
- Iced Tea 0 Cal each
- Iced Water 0 Cal each

**PREMIUM BOX LUNCHES**
- Salmon Caesar Salad $14.49
- Caesar Salad with Grilled Salmon, Shredded Parmesan Cheese and Seasoned Croutons 590 Cal each
- Bakery Fresh Roll 160 Cal each
- Fresh Fruit Cup 40 Cal/2.5 oz. serving
- Lemon Cheesecake Bar 300 Cal/2.75 oz. serving
- Bottled Water 0 Cal each
- Asian Chicken Salad $14.49
- Grilled Chicken, Romaine, Vegetables, Orange and Almonds tossed with a Sweet and Spicy Sesame Dressing 430 Cal each
- Bakery Fresh Roll 160 Cal each
- Fresh Fruit Cup 40 Cal/2.5 oz. serving
- Lemon Cheesecake Bar 300 Cal/2.75 oz. serving
- Bottled Water 0 Cal each
- Mediterranean Quinoa Salad $14.49
- Quinoa, Toasted Chickpeas, Cucumber, Tomato and Kalamata Olives with Hummus and Pita 460 Cal each
- Bakery Fresh Roll 160 Cal each
- Fresh Fruit Cup 40 Cal/2.5 oz. serving
- Lemon Cheesecake Bar 300 Cal/2.75 oz. serving
- Bottled Water 0 Cal each

**CLASSIC BOX LUNCH** $10.69
Your choice of Classic Sandwich - served with Potato Chips, Craveworthy Cookies and Bottled Water

- Classic Selection Sandwich 140-750 Cal each
- Individual Bag of Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bottled Water 0 Cal each

**CLASSIC SELECTIONS BUFFET** $16.09
Your Choice of three (3) Sandwiches and two (2) Side Salads accompanied by Potato Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and Beverages

- Side Salads 25-330 Cal each
- Dill Pickle Slices 0 Cal/1 oz. serving
- Individual Bags of Chips 100-160 Cal each
- Classic Selection Sandwiches 140-750 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

**CLASSIC SANDWICH OPTIONS**
(Available Sandwich Choices for the Classic Boxed Lunch and Classic Selections Buffet)

- Turkey Breast with Mesclun Greens and Sage Cream Cheese on Ciabatta Bread (420 Cal each)
- Roast Beef and Cheddar Sandwich (420 Cal each)
- Chicken Caesar and Asiago Bruschetta Baguette (560 Cal each)
- Vegetable Bruschetta Baguette with a Spicy Sriracha (730 Cal each)
- Honey Mustard Ham and Swiss Ciabatta (480 Cal each)

Additional Premium Box Lunch options available upon request! Please contact your catering professional.
SANDWICHES & SALADS

Classic Collections
All prices are per person and available for 12 guests or more. Includes appropriate condiments.

THE EXECUTIVE LUNCHEON $18.49
Choice of three (3) Sandwiches and two (2) Side Salads accompanied by Potato Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and Beverages

- Side Salads
  - Dill Pickle Slices 0 Cal/1 oz. serving
  - Individual Bags of Chips 100-160 Cal each
  - Executive Luncheon Sandwiches 370-760 Cal each
  - Assorted Craveworthy Cookies 250-310 Cal each

- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

SIDE SALAD SELECTIONS
(Included with Deli Express, Classic Selections, and Executive Luncheon Sandwich Buffets)
- Toasted Cranberry Apple Couscous with Apricots, Granny Smith Apples, Almonds, Red Onions, Fresh Spinach and Scallions (180 Cal/3 oz. serving)
- Tabbouleh with Ground Bulgur, Tomatoes, Parsley and Scallions combined in an Olive Oil Mix (330 Cal/3.25 oz. serving)
- Roasted Sweet Potato Salad with Green Chiles, Scallions, Celery, Red Peppers and Fresh Cilantro tossed in spicy Caribbean Jerk Seasoning (120 Cal/4 oz. serving)
- White Bean Herb Salad with Bell Peppers, Green Onions, Fresh Basil and Parsley tossed in a Balsamic Vinaigrette (90 Cal/3.33 oz. serving)
- Edamame Salad with Shiitake Mushrooms, Bean Sprouts, Radishes, Scallions, Fresh Basil and Mint tossed in a Rice Wine Vinegar and Ginger Root Dressing (130 Cal/3 oz. serving)
- Red-skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing (240 Cal/4 oz. serving)
- Traditional Garden Salad with a Balsamic Vinaigrette Dressing (50 Cal/3.5 oz. serving)
- Fresh Fruit Salad (40 Cal/2.5 oz. serving)

EXECUTIVE LUNCHEON SANDWICHES
(Available Sandwich Choices for the Executive Luncheon Buffet)
- Salmon, Cucumber and Cilantro Coleslaw Ciabatta (650 Cal each)
- Granny Smith Apples and Brie with Fresh Baby Spinach on a French Baguette (760 Cal each)
- Chicken Teriyaki Ciabatta with Pineapple Salsa on a Ciabatta (510 Cal each)
- Deli style Turkey, Ham and Mozzarella with Pesto Mayo on a Baguette (640 Cal each)
- Tarragon Chicken Salad and Chive Cream Cheese Wrap (590 Cal each)
- Roast Beef, Provolone, Artichoke Relish and Pesto Mayo Baguette (690 Cal each)

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BUFFETS

Themed Buffets
12 Person Minimum. Includes appropriate condiments and choice of beverages.

**EASTERN INFLUENCES** $19.19
- Coriander Peanut Ramen Noodles 200 Cal/3 oz. serving
- Szechuan Green Beans 110 Cal/4 oz. serving
- Teriyaki Salmon on Sweet Chile Cucumber 80 Cal/2.25 oz. serving
- Orange Glazed Chicken with Sesame Spinach 230 Cal/5.5 oz. serving
- Gourmet Dessert Bars 300-370 Cal/2.75-3.25 oz. serving
- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

**LAZY SUMMER BBQ** $19.19
- Coleslaw 150 Cal/3 oz. serving
- Cornbread Fiesta Muffins 120 Cal each
- Macaroni and Cheese 260 Cal/4 oz. serving
- Baked Beans 170 Cal/4.75 oz. serving
- BBQ Chicken 430 Cal/6 oz. serving
- Sliced Brisket 350 Cal/5 oz. serving
- Assorted Craveworthy Cookies 250-310 Cal each
- Gourmet Dessert Bars 300-370 Cal/2.75-3.25 oz. serving
- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

**TRAVOLINO BUFFET** $17.99
Three Italian Classics and Sides...add on Grilled Chicken Breast for an additional fee
- Caesar Salad 160 Cal/2.7 oz. serving
- Garlic Breadsticks 110 Cal each
- Eggplant Parmesan 400 Cal/7.7 oz. serving
- Rigatoni Marinara 130 Cal/4.5 oz. serving
- Italian Sausage and Peppers 590 Cal/4.74 oz. serving
- Miniature Cheesecake Tarts 180 Cal/1.75 oz. serving
- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving
- Grilled Chicken Breast 160 Cal/3 oz. serving
**BUFFETS**

**Themed Buffets**
12 Person Minimum. Includes appropriate condiments and choice of beverages.

**LATIN FLAVORS** $17.09
- Mexican Chopped Salad 40 Cal/ 2.4 oz. serving
- Grilled Flatbread 110 Cal each
- Cilantro Lime Rice 120 Cal/3 oz. serving
- Cumin Black Beans 110 Cal/3 oz. serving
- Chipotle Orange Roasted Chicken 440 Cal/6 oz. serving
- Carne Asada con Papas Ranchero 180 Cal/6 oz. serving
- Sopaipillas 70 Cal each
- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

**HARVEST BOUNTY** $19.89
Choice of Herb Roasted Turkey or Baked Ham served with Sides and Beverages
- Traditional Mixed Green Salad 50 Cal/3.5 oz. serving
- Southern Biscuits 190 Cal each
- Buttermilk Mashed Potatoes 120 Cal/3.75 oz. serving
- Sautéed Dill Green Beans 30 Cal/3 oz. serving
- Herb Roasted Turkey 130 Cal/3 oz. serving
- Baked Ham 110 Cal/3 oz. serving
- Apple Pie 410 Cal/slice
- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

Looking to create your own Themed Buffet or Unique Custom Buffet?
Contact us at Go1851@umn.edu / 612.624.7173 to explore more options and personalize your buffet to fit your event.

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BUFFETS

Themed Buffets
12 Person Minimum. Includes appropriate condiments and choice of beverages.

BAKED POTATO BAR  $17.09
Top your own Baked Potatoes with a Garden Salad and choice of Apple Cobbler or Apple Pie for Dessert
- Classic Garden Salad 50 Cal/3.5 oz. serving
- Apple Cobbler 350 Cal/4.75 oz. serving 410 Cal/slice
- Apple Pie 90 Cal/8 oz. serving 70 Cal/8 oz. serving 0 Cal/8 oz. serving 60 Cal/1 oz. serving
- Add on Cheddar Cheese Sauce 60 Cal/1 oz. serving

YUCATAN BOWL  $17.79
Create your own Yucatan Bowls with White or Brown Rice, Charro Beans, Braised Chicken and Beef, Roasted Portobello Mushrooms, Toppings Bar including two (2) Salsas, and Sides
- Romaine Lettuce Salad 0 Cal/0.25 oz. serving
- Avocado Ranch Dressing 80 Cal/1 oz. serving
- Cilantro Lime White Rice 20 Cal/3 oz. serving
- Cilantro Lime Brown Rice 140 Cal/3.5 oz. serving
- Charro Beans 90 Cal/3 oz. serving
- Braised Chicken 180 Cal/3 oz. serving
- Braised Beef 160 Cal/3 oz. serving
- Roasted Portobello Mushrooms 20 Cal/2.25 oz. serving
- Guacamole 40 Cal/1.33 oz. serving
- Pico De Gallo 10 Cal/1 oz. serving
- Salsa Verde 10 Cal/1 oz. serving
- Salsa Roja 20 Cal/1 oz. serving
- Dulce de Leche Brownie 220 Cal/2.25 oz. serving
- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving
BUFFETS

Create Your Own Buffet
Customize Your Own Buffet: Select (1) starter, (1) entrée, (2) sides, and (1) dessert. Served with Assorted Rolls and Butter, and Choice of Two Beverages. Includes appropriate condiments.

BUFFET STARTERS
- Seasonal Garden Salad with Balsamic Vinaigrette (50 Cal/3.5 oz. serving)
- Classic Caesar Salad (160 Cal/2.7 oz. serving)
- Baby Spinach Salad with Bacon, Hard Boiled Eggs and Balsamic Vinaigrette (60 Cal/2.15 oz. serving)
- Greek Salad with Crumbled Feta (120 Cal/3.25 oz. serving)
- Antipasto Salad (130 Cal/3 oz. serving)
- Autumn Vegetable Salad with Red Wine Vinaigrette (80 Cal/3 oz. serving)

BUFFET ENTREES
- Grilled Chicken Breast with Cider Marinade (120 Cal/3 oz. serving) $18.19
- Lemon Artichoke Chicken Breast (200 Cal/5.75 oz. serving) $18.19
- Honey and Brown Sugar Ham (170 Cal/3.5 oz. serving) $18.19
- Grilled Salmon in a Moroccan Herb Sauce (120 Cal/2.75 oz. serving) $19.69
- Beef Pot Roast with Dijon Shallot Sauce (330 Cal/5 oz. serving) $19.49
- Slow-Roasted Turkey Breast rubbed with Sage and Thyme (130 Cal/3 oz. serving) $17.99
- Chickpea Tagine with Couscous (430 Cal/10.26 oz. serving) $14.99

BUFFET SIDES
- Goat Cheese and Roasted Garlic Mashed Potatoes (170 Cal/4.25 oz. serving)
- Pan Roasted Vegetables (45 Cal/3 oz. serving)
- Tomato Caper Ratatouille (45 Cal/4.25 oz. serving)
- Toasted Orzo with Spinach and Cranberries (170 Cal/4 oz. serving)
- Chipotle Macaroni and Cheese (230 Cal/2.75 oz. serving)
- Roasted Root Vegetables (100 Cal/2.75 oz. serving)
- Roasted New Potatoes (110 Cal/2.75 oz. serving)

BUFFET FINISHES
- Apple Pie (410 Cal/slice)
- Cherry Cheesecake Tarts (170 Cal/1.75 oz. serving)
- New York-Style Cheesecake (440 Cal/slice)
- Individual Chocolate Ganache Bundt Cake (320 Cal each)
- Spiced Carrot Cake (370 Cal/slice)
- Chocolate Cake (270 Cal/slice)

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RECEPTIONS

Hors d’oeuvres
Hors d’oeuvres are priced per dozen. Includes appropriate condiments.

RECEPTION HORS D’OEUVRES (HOT)
Balsamic Fig and Goat Cheese Flatbread (80 Cal each) $26.99
Beef Empanadas (70 Cal each) $26.99
Beef Satay (35 Cal each) $26.99
Chili-Lime Chicken Kabobs (40 Cal each) $23.79
Crab Cakes (30 Cal each) $22.99
   Crispy Asiago Asparagus (50 Cal each) $22.99
   Spanakopita (70 Cal each) $23.89
   Vegetable Samosas (15 Cal each) $21.99
   Vegetable Spring Rolls (15 Cal each) $23.99

RECEPTION HORS D’OEUVRES (COLD)
   Black and White Petit Fours (70 Cal each) $24.89
   Mediterranean Antipasto Skewers (70 Cal each) $33.19
   Veggie Hummus Cup (190 Cal each) $22.99
   Gazpacho Shooter (30 Cal/2 oz. serving) $18.99
   Bruschetta Crostini (50 Cal each) $15.99
Shrimp Cocktail (70 Cal each) Market Price

Unsure of how many items and how much to order for your reception? Contact your catering events specialist to discuss the proper amounts needed for a reception.
RECEPTIONS

Reception Platters and Dips

**CLASSIC SLICED CHEESE TRAY** $43.59 Serves 12
- Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses, Pita Chips and Crostini (290 Cal/2.75 oz. serving)

**FRESH GARDEN CRUDITÉS** $36.99 Serves 12
- Fresh Garden Crudités with Ranch Dill Dip (120 Cal/5 oz. serving)

**BLACK BEAN, CORN AND PICO GUACAMOLE** $30.99 Serves 12
- Black Bean, Corn and Pico Guacamole served with Tortilla Chips (330 Cal/6.75 oz. serving)

**HOUSEMADE SPINACH DIP** $25.49 Serves 12
- Housemade Spinach Dip served with Fresh Pita Chips (230 Cal/2.25 oz. serving)

**HUMMUS WITH PITA CHIPS** $27.39 Serves 12
- Hummus with Pita Chips (220 Cal/4.5 oz. serving)

May we suggest a Served Meal or Reception?

Hot menu items require service staff and equipment. We are delighted to assist you with all of your event needs from equipment, linens, floral arrangements, service staff and everything in between. - Additional fees may apply.

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RECEPTIONS

Reception Stations
Reception Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 12 guests or more. Includes appropriate condiments.

**DIM SUM** $11.39
A little afternoon Dim Sum to spice up your afternoon meeting or evening reception served with two (2) dipping sauces

- Egg Rolls 190 Cal each
- Pot Stickers 45 Cal each
- Sweet Soy Sauce 50 Cal/1 oz. serving
- Sweet and Sour Sauce 40 Cal/1 oz. serving
- Chili Garlic Sauce 45 Cal/1 oz. serving
- Sweet and Spicy Boneless Chicken Wings with Celery Sticks 600 Cal/7.5 oz. serving
- Gourmet Dessert Bars 300-370 Cal/2.75-3.25 oz. serving

**GROWN UP MAC AND CHEESE** $16.09
Our gourmet Mac and Cheese topped your way

- Chipotle Macaroni and Cheese 460 Cal/8 oz. serving
- Grilled Chicken Breast 160 Cal/3 oz. serving
- Roasted Mushrooms 90 Cal/3 oz. serving
- Sautéed Shrimp 130 Cal/4 oz. serving

**SOFT PRETZEL BAR** $5.99
Crisp on the outside and soft on the inside, try our Hot Pretzels served with your choice of Three (3) Dipping Sauces; Sweet or Salty, the choice is Yours!

- Hot Pretzels 170 Cal each
- Honey Mustard Sauce 130 Cal/1 oz. serving
- Spicy Mustard Sauce 30 Cal/1 oz. serving
- Yellow Mustard Sauce 20 Cal/1 oz. serving
- Nacho Cheese Sauce 40 Cal/1 oz. serving
- Vegan Cheddar Cheese Sauce 60 Cal/1 oz. serving
- Cajun Cheese Sauce 60 Cal/1 oz. serving
- Buffalo Blue Sauce 30 Cal/1 oz. serving
- Chocolate Sauce 70 Cal/1 oz. serving
- Caramel Sauce 100 Cal/1 oz. serving

**BREADS AND SPREADS** $5.69
Looking for a variety of flavors to spice up your meeting? Try dipping our Tortilla Chips, Pita Chips and Crostini into your choice of four (4) spreads, accompanied by a Fresh Fruit Tray

- Tortilla Chips 190 Cal/2 oz. serving
- Pita Chips 140 Cal/2 oz. serving
- Crostini 40 Cal each
- Korean Roja Guacamole 90 Cal/2 oz. serving
- Ginger Verde Guacamole 90 Cal/2 oz. serving
- Chilled Spinach Dip 200 Cal/2 oz. serving
- Feta and Roasted Garlic Dip 260 Cal/2 oz. serving
- Traditional Hummus 80 Cal/2 oz. serving
- Artichoke and Olive Dip 140 Cal/2 oz. serving
- Fresh Fruit Tray 40 Cal/2.5 oz. serving

**SUGAR AND SPICE** $6.29
Satisfy your sweet tooth!

- Craveworthy Sugar Cookies 240 Cal each
- Gummy Bears 140 Cal/2 oz. serving
- Popcorn 50 Cal/2.25 oz. serving
- Cajun Chips 340 Cal/2 oz. serving
- Savory Snack Mix 200 Cal/1.75 oz. serving

**BREAKS**
All prices are per person and available for 12 guests or more

**ENERGY BREAK** $3.69
Raise the bar!
- Granola Bars 190 Cal each
- Fruit Filled Bars 160 Cal each
- Breakfast Bars 250 Cal each

**THE HEALTHY ALTERNATIVE** $7.59
Get healthy with our heart-happy break

- Apples 60 Cal each
- Oranges 50 Cal each
- Bananas 110 Cal each
- Pears 100 Cal each
- Individual Yogurt Cups 50-150 Cal each
- Trail Mix 290 Cal each
- Granola Bars 190 Cal each
BEVERAGES & DESSERTS

**Beverages**
Includes appropriate accompaniments

- Bottled Water (0 Cal/each) $1.99 Each
- Assorted Sodas (Can) (0-150 Cal/each) $1.79 Each
- ecoGrounds Regular Coffee (0 Cal/8 oz. serving) $20.79 Per Gallon
- ecoGrounds Decaffeinated Coffee (0 Cal/8 oz. serving) $20.79 Per Gallon
- Lemonade (90 Cal/8 oz. serving) $18.69 Per Gallon
- Iced Water (0 Cal/8 oz. serving) $8.99 Per Gallon
- Infused Water $9.29 Per Gallon
  - Lemon Infused Water 0 Cal/8 oz. serving
  - Orange Infused Water 10 Cal/8 oz. serving
  - Apple Infused Water 20 Cal/8 oz. serving
  - Cucumber Infused Water 10 Cal/8 oz. serving
  - Grapefruit Infused Water 10 Cal/8 oz. serving
- Peach Mint Infused Lemonade (95 Cal/8 oz. serving) $20.79 Per Gallon
- Strawberry Basil Infused Lemonade (95 Cal/8 oz. serving) $20.79 Per Gallon
- Raspberry Lime Infused Iced Tea (15 Cal/8 oz. serving) $20.79 Per Gallon

**Desserts**
Available for 12 guests or more

- Assorted Craveworthy Cookies (250-310 Cal/each) $13.99 Per Dozen
- Bakery-fresh Brownies (250 Cal/2.25 oz. serving) $15.09 Per Dozen
- Gourmet Dessert Bars (300-370 Cal/2.75-3.25 oz. serving) $17.09 Per Dozen
- Carrot Cake (260 Cal/slice) $3.79 Per Person
- NY Cheesecake (290 Cal/slice) $3.99 Per Person

**Vegetarian**  **Vegan**

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

**Ordering Information**

**LEAD TIME**
Notice of 48 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

**EXTRAS**
If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

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**CONTACT US TODAY**

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Prices effective until 07/01/2020
Prices may be subject to change