Salads

Entree Salad – 6.29
Half Salad – 4.09
ADD Featured Protein $ 2.19

Classic Caesar Salad
Roma Tomato, Red Onion, Kalamata Olive, 366 Calories

Taco Salad
Pico De Gallo, Cheddar Jack Cheese, Roasted Corn, Pickled Jalapeno, Buttermilk Lime Dressing, Choice of Taco Protein, 452 Calories

Super Foods Salad
Chickpeas, Farro, Dried Cranberry, Sunflower Seeds, Beets, Sweet Potato, Tahini Dressing, 201 Calories
Contains Sesame

Salad Proteins: Steak, Chicken Breast 2.09, Hardboiled Egg, Anchovy, .99
Soups

Chicken and Wild Rice Soup
164-328 Calories

Broccoli Cheese Soup
202-404 Calories

Cup of Soup – 4.09
Bowl of Soup – 4.79

Desserts

Chocolate Cake
287 Calories

Carrot Cake
Contains Nuts, 333 Calories

Strawberry Pound Cake
270 Calories
Entrées

**Tacos:**

<table>
<thead>
<tr>
<th>Item</th>
<th>Calories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Taco</td>
<td>111</td>
</tr>
<tr>
<td>Steak Taco</td>
<td>124</td>
</tr>
<tr>
<td>Fish Taco</td>
<td>105</td>
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</tbody>
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| Entrée – 5.09          |          |
| Entrée with 1 side – 7.79 |        |
| Entrée with 2 sides - 8.99 |    |
| 1 side –3.09           |          |

**Not Tacos:**

Taco Friday Plate

*Taco Protein, Two Sides, Pico, Cheese, Lettuce, Lime Sour Cream, **No Tortillas**, $8.09*

**Side Dishes**

- **Tomato and Cumin Rice**
  - 86 Calories

- **Spicy Black Beans**
  - 56 Calories

- **Roasted Corn with Jalapenos**
  - 68 Calories