	serving	calories	fat (g)	protein (g)	carbs (g)	fiber (g)	sodium (mg)
BURRITOS							
Beef Ancho	1 item	929	39	37	108	9	2256
Chicken Mole	1 item	874	33	35	108	9	2491
Pork Tomatillo	1 item	870	32	37	107	9	2342
Two Bean Tomatillo	1 item	805	22	30	122	15	2269
BURRITO BOWLS							
Beef Ancho	1 item	573	30	27	49	6	1531
Chicken Mole	1 item	518	24	26	49	6	1766
Pork Tomatillo	1 item	474	16	21	64	11	1556
Two Bean Tomatillo	1 item	514	23	28	49	6	1617
QUESADILLAS							
Shredded Beef	1 item	845	48	37	66	5	1600
Shredded Chicken	1 item	785	42	36	65	5	1882
Shredded Pork	1 item	785	41	38	65	5	1734
Two Bean	1 item	759	34	31	58	11	1844

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These values are based on standard recipe formulation. Minor acceptable variations can be expected due to product assembly, seasonal influences and regional suppliers.

NUTRITION INFORMATION

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TACO SALADS

	serving	calories	fat (g)	protein (g)	carbs (g)	fiber (g)	sodium (mg)
Shredded Beef	1 item	748	44	31	59	8	1842
Shredded Chicken	1 item	688	38	30	58	8	2123
Carnitas	1 item	688	37	32	58	8	1976
Two Bean	1 item	648	29	25	73	14	1915

HARD SHELL TACOS

	serving	calories	fat (g)	protein (g)	carbs (g)	fiber (g)	sodium (mg)
Shredded Beef	2 tacos	434	30	19	22	2	547
Shredded Chicken	2 tacos	391	26	18	65	5	1882
Shredded Pork	2 tacos	391	25	20	65	5	1734
Two Bean	2 tacos	399	20	16	58	11	1844

SOFT SHELL TACOS

	serving	calories	fat (g)	protein (g)	carbs (g)	fiber (g)	sodium (mg)
Shredded Beef	2 tacos	497	29	22	22	2	547
Shredded Chicken	2 tacos	2	26	18	65	5	1882
Shredded Pork	2 tacos	391	25	20	65	5	1734
Two Bean	1 item	399	20	16	58	11	1844

NACHOS

	serving	calories	fat (g)	protein (g)	carbs (g)	fiber (g)	sodium (mg)
Shredded Beef	1 item	1231	78	46	90	14	3199
Shredded Chicken	1 item	1171	72	45	89	14	3480
Shredded Pork	1 item	1171	71	47	89	14	3333
Two Bean	1 item	1131	63	40	104	20	3272

OTHER

	serving	calories	fat (g)	protein (g)	carbs (g)	fiber (g)	sodium (mg)
Sour Cream	2 oz	96	8	2	3	0	49
Salsa	2 oz	18	0	0	4	<1	329
Black Bean Corn Salsa	2 oz	70	2	4	13	4	309
Fire Roasted Salsa	2 oz	20	0	0	4	<1	150
Mango Cilantro Salsa	2 oz	24	0	0	6	1	111
Roja Salsa	2 oz	16	0	0	4	<1	335
Salsa Verde	2 oz	24	0	0	5	1	333
Baja Sauce	2 oz	96	8	2	5	<1	74
Chipolte Toma-tillo Sauce	2 oz	45	2	1	8	1	86
Ancho Pepper Sauce	2 oz	92	3	2	15	3	86
Mole Sauce	2 oz	94	6	2	11	2	207
Roasted Red Pepper Sauce	2 oz	40	3	1	4	1	85
Mexican Rice	½ cup	109	0	2	23	1	247
Cilantro Lime Rice	½ cup	138	0	3	30	1	296
Pico De Gallo	2 oz	14	0	0	3	1	166
Guacamole	2 oz	74	6	2	5	3	167
Ranch Avocado Dressing	2 oz	232	24	2	5	2	361
Ranch Salsa Dressing	2 oz	156	16	0	3	<1	452
Black Beans	½ cup	116	1	8	21	8	535
Charro Beans	½ cup	86	1	5	16	5	610
Corn Tortilla Chips	2 cups	184	18	6	81	11	733
Queso	4 oz	372	31	20	2	0	1590
Large Chips with Queso	8.5 oz	816.4	52	28	60	8	2113